

# List of Phobias for Upcoming Govt. Exams

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## What is a Phobia?

A phobia is an irrational fear of a certain stimulus, such as elevators, needles, or animals. A specific phobia is a type of anxiety disorder in which people experience the terror that is out of proportion to the actual risk that the phobia's source poses. For example, flying can be harmful in rare circumstances, such as a plane disaster, yet most people believe that a crash is unusual and that flying is normally safe. A person who has a special fear of flying will regard getting on a plane as a life-threatening risk.

## What are the Different Types of Phobias?

Phobias are unfounded, persistent, and unreasonable dread of a specific object or scenario. Certain objects and situations trigger specific phobias. Fears of animals, natural surroundings, medical conditions, or certain scenarios are common.

1. Fears about animals (spiders, dogs, insects)
2. Fears about the natural world (heights, thunder, darkness)
3. Fears of blood, harm, or medical problems (injections, broken bones, falls)
4. Certain situations-related anxieties (flying, riding an elevator, driving)
5. Others (fear of choking, loud noises, drowning)

## List of Phobias with Meaning

In this blog, we'll look at the various common types of phobias that people have. The terms are presented in alphabetical order in the lists. Go through the lists of phobias provided to prepare for the upcoming govt. exams.

Name of Phobia	Meaning
achluophobia	fear of darkness
acrophobia	fear of heights
aerophobia	fear of flying
algophobia	fear of pain
alektorophobia	fear of chickens
agoraphobia	fear of public spaces or crowds
aichmophobia	fear of needles or pointed objects
ailurophobia	fear of cats
amaxophobia	fear of riding in a car
androphobia	fear of men
anginophobia	fear of angina or choking
anthophobia	fear of flowers
anthropophobia	fear of people or society
aphenphosmophobia	fear of being touched
arachnophobia	fear of spiders
arithmophobia	fear of numbers



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astraphobia	fear of thunder and lightning
ataxophobia	fear of disorder or untidiness
atelophobia	fear of imperfection
atychiphobia	fear of failure
autophobia	fear of being alone
bacteriophobia	fear of bacteria
barophobia	fear of gravity
bathmophobia	fear of stairs or steep slopes
batrachophobia	fear of amphibians
belonephobia	fear of pins and needles
bibliophobia	fear of books
botanophobia	fear of plants
cacophobia	fear of ugliness
catagelophobia	fear of being ridiculed
catoptophobia	fear of mirrors
chionophobia	fear of snow
chromophobia	fear of colors
chronomentrophobia	fear of clocks
cibophobia	fear of food
claustrophobia	fear of confined spaces
coulrophobia	fear of clowns
cyberphobia	fear of computers
cynophobia	fear of dogs
dendrophobia	fear of trees
dentophobia	fear of dentists
domatophobia	fear of houses
dystychiphobia	fear of accidents
entomophobia	fear of insects
ephebiphobia	fear of teenagers
equinophobia	fear of horses
gamophobia	fear of marriage or commitment
genuphobia	fear of knees
glossophobia	fear of speaking in public
gynophobia	fear of women
heliophobia	fear of the sun
hemophobia	fear of blood
herpetophobia	fear of reptiles



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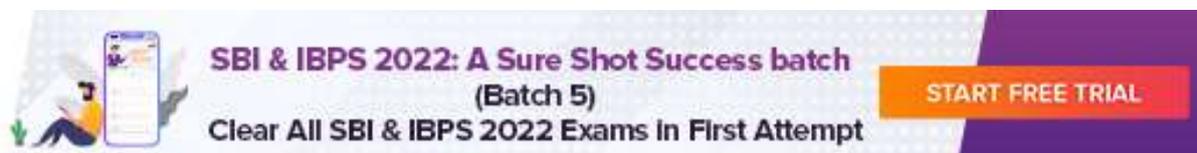
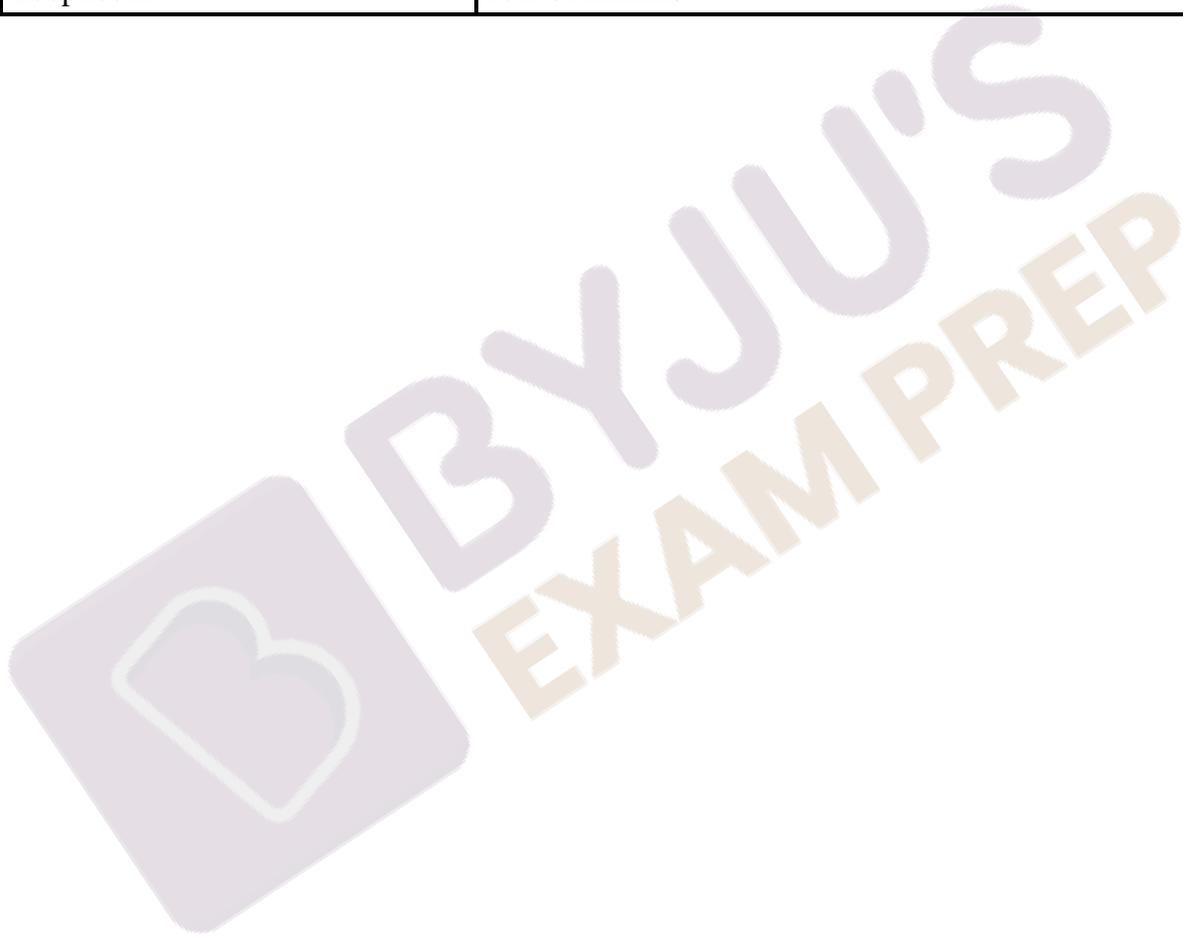
hydrophobia	fear of water
hypochondria	fear of illness
iatrophobia	fear of doctors
insectophobia	fear of insects
koinoniphobia	fear of rooms full of people
leukophobia	fear of the color white
lilapsophobia	fear of tornadoes and hurricanes
lockiophobia	fear of childbirth
mageiropophobia	fear of cooking
megalophobia	fear of large things
melanophobia	fear of the color black
microphobia	fear of small things
mysophobia	fear of dirt and germs
necrophobia	fear of death or dead things
noctiphobia	fear of the night
nosocomophobia	fear of hospitals
nyctophobia	fear of the dark
obesophobia	fear of gaining weight
octophobia	fear of the number 8
ombrophobia	fear of rain
ophidiophobia	fear of snakes
ornithophobia	fear of birds
papyrophobia	fear of paper
pathophobia	fear of disease
pedophobia	fear of children
philophobia	fear of love
phobophobia	fear of phobias
podophobia	fear of feet
pogonophobia	fear of beards
porphyrophobia	fear of the color purple
pteridophobia	fear of ferns
pteromerhanophobia	fear of flying
pyrophobia	fear of fire
samhainophobia	fear of Halloween
scolionophobia	fear of school
selenophobia	fear of the moon
sociophobia	fear of social evaluation



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somniphobia	fear of sleep
tachophobia	fear of speed
technophobia	fear of technology
tonitrophobia	fear of thunder
venustraphobia	fear of beautiful women
verminophobia	fear of germs
wiccaphobia	fear of witches and witchcraft
xenophobia	fear of strangers or foreigners
zoophobia	fear of animals



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