



7-Week General Studies Plan for SSC CGL Exam



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WEEK/TOPIC	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7
WEEK 1 Physics & Chemistry	Gravity + Motion + 100 Qs <input type="checkbox"/>	Work + Pressure + 100 Qs <input type="checkbox"/>	Units of Measurement + Heat + 100 Qs <input type="checkbox"/>	Electronics + Magnetism + 100 Qs <input type="checkbox"/>	Uses, Common Names & Composition of Chemicals + 100 Qs <input type="checkbox"/>	Alloys & Physical & Chemical Changes + 100 Qs <input type="checkbox"/>	Chemistry in Everyday Life + Definitions + Mock Test-1 <input type="checkbox"/>
WEEK 2 Biology & History	Parts of Plants & their function + 100 Qs <input type="checkbox"/>	Parts of Human body and their func- tion + 100 Qs <input type="checkbox"/>	Diseases Prevention and Cure + 100 Qs <input type="checkbox"/>	Nutrients and Defi- ciency Diseases + 100 Qs <input type="checkbox"/>	Indus Valley Civili- zation + 100 Qs <input type="checkbox"/>	Buddhism and Jainism + 100 Qs <input type="checkbox"/>	Maurya + Post Maurya Kingdoms+ 100 Qs + Mock Test-2 <input type="checkbox"/>
WEEK 3 History	Gupta Period & Post Gupta Period + 100 Qs <input type="checkbox"/>	Establishment & Expansion of Delhi Sultanate+ 100 Qs <input type="checkbox"/>	Social & Religious Movements of 15th & 16th Century + 100 Qs <input type="checkbox"/>	Mughals + 100 Qs <input type="checkbox"/>	Maratha Kingdom + 100 Qs <input type="checkbox"/>	Advent of Europeans & British in India + 100 Qs <input type="checkbox"/>	Major Battles & Social & Cultural Movements + 100 Qs + Mock Test-3 <input type="checkbox"/>
WEEK 4 History	The Revolt of 1857 + 100 Qs <input type="checkbox"/>	The Indian National Congress + 100 Qs <input type="checkbox"/>	Nationalist Movement 1905-1918 + 100 Qs <input type="checkbox"/>	Nationalist Movement 1919-1927 + 100 Qs <input type="checkbox"/>	Nationalist Movement 1928-1947 + 100 Qs <input type="checkbox"/>	Viceroy & Governor Generals of India + 100 Qs <input type="checkbox"/>	Framing & Sources of Indian Constitution + 100 Qs + Mock Test-4 <input type="checkbox"/>
WEEK 5 Polity & Geography	Parts of the Consti- tution & Preamble+ 100 Qs <input type="checkbox"/>	Fundamental Rights and DPSP + 100 Qs <input type="checkbox"/>	President and Vice President + 100 Qs <input type="checkbox"/>	Supreme and High Courts + 100 Qs <input type="checkbox"/>	Governor and Pan- chayati Raj + 100 Qs <input type="checkbox"/>	Emergency Provisions + Art 370 + Finance Commission + 100 Qs <input type="checkbox"/>	Physical Geography of India + 100 Qs + Mock Test-5 <input type="checkbox"/>
WEEK 6 Geography	Rivers and Soils in India + 100 Qs <input type="checkbox"/>	Agriculture and Industry in India + 100 Qs <input type="checkbox"/>	Minerals and Trans- port in India + 100 Qs <input type="checkbox"/>	Ocean, Ocean Currents and Seas + 100 Qs <input type="checkbox"/>	Solar System + Earth Crust & Interi- or + 100 Qs <input type="checkbox"/>	National Parks + Important Geography Facts + 100 Qs <input type="checkbox"/>	Important Geography Facts + Census 2011 + 100 Qs + Mock Test-6 <input type="checkbox"/>
WEEK 7 Economy & Misc.	Important Days + Types of Economy & Markets <input type="checkbox"/>	Important Awards + Demand & Supply <input type="checkbox"/>	Important Books + Production <input type="checkbox"/>	Important National Symbols + National Income Concepts <input type="checkbox"/>	World and India's First (Especially Women) + Budget <input type="checkbox"/>	Important Sports Awards/Prizes <input type="checkbox"/>	International Organi- zations & HQs <input type="checkbox"/>

