

UPSC 1 Year Study Plan

UPSC 1 Year study plan can be helpful for candidates who wish to enter the Indian bureaucratic career. Students who follow the mentioned study plan can be a part of the privileged civil services like the Indian Administrative Service (IAS), Indian Police Service (IPS), Indian Foreign Service (IFS), and a host of other services.

UPSC 1 Year study plan exemplifies the full study schedule of 12 months, commencing from the early preparation. Formulating a study plan is important to manage time and study accordingly to get the anticipated output. Planning one's schedule and determining when to study and how much time should be given to a particular topic is essential. This article will describe UPSC 1 Year study plan to assist candidates in clearing the exam in just one year.

Importance of UPSC Study Plan

Planning how and when to study can make things manageable to accomplish. Following a daily timetable, revising, and practising mock tests are equally important.

- 1 year plan for UPSC will lessen a candidate's anxiety before appearing for the exam.
- Preparing a schedule builds confidence as one moves towards their goals, ultimately boosting the results.
- Drafting an organized one year plan for UPSC can make candidates sure about the results and free them from nervousness.
- Being calm and composed during the exam can yield better outcomes.

UPSC 1 Year Study Plan 2023

Check out the 1 year study plan that can be supervised by future IAS students beginning their preparation.

Month	GS-Prelims	GS-Mains	Optional
June - August	NCERTs and Basic Standard books - Read everything once	Read books having syllabus similar to Prelims and Mains.	Begin preparation of the optional subject.
September - November	Revise whatever learnt from standard books and practice regular mock Prelims tests.	Cover remaining Mains syllabus. Start writing answers and practice mock Prelims tests.	Revise and keep practising questions related to optional papers.
December-February	Devote time specifically for Prelims (both CSAT and GS) and do Prelims tests regularly		

March- May		Dedicate time for Mains and do consistent solutions writing and mock tests for Mains.	Revision and mock tests.
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UPSC Preparation Strategy: Complete 1 Year Study Plan

Clearing the [UPSC Exam](#) with one year of preparation, with or without coaching, is easy, and it depends on an individual's efficiency and time management skills. The UPSC 1 Year study plan is briefly explained below from the first month to the last 12th month.

UPSC Self Study Plan for 1st Month

The initial Month of UPSC preparation must be utilized by reading the exam pattern and Syllabus. It is recommended to keep a copy of the recent [UPSC Syllabus](#) and go through it thoroughly.

Students should be clear about their aim to become civil servants or diplomats and be determined to achieve it.

- Understanding the process of exam and completing the syllabus is of utmost importance.
- Checking one's ability and eligibility is also required.
- Once an aspirant becomes clear about the basic details, they must start reading newspapers daily to enhance their general knowledge (By picking The Hindu newspaper first).
- Students can go through the daily [Current Affairs](#) topics to explore the recent news and exam-related information.
- Talking to mentors or toppers can be beneficial in collecting valuable tips for the exam.
- Make a list of relevant study materials that need to be bought or borrowed and assemble them organised.

Months 2 – 5: Study Plan for UPSC

In the next subsequent months, students should read and learn topics from fundamental textbooks like the [NCERTs](#) for General Studies papers.

- Aspirants should plan to learn the subjects in such a manner that both [UPSC Prelims](#) and Mains topics can be covered.
- Making notes simultaneously while studying is advised to understand points better.
- Periodic revision plays a major role in memorizing the facts learnt.
- Improving general knowledge is essential; hence Current Affairs notes should be gathered in a separate notebook and revised frequently.
- Develop a habit of reading the recent current affairs for UPSC by referring to important study materials like PIB, Yojana, and more.

Months 6 – 8 Strategy

Students must finalize their optional subjects during these months. Once it is decided, preparation for these subjects should begin concurrently with other GS subjects.

- Candidates can also join a Prelims test series during this duration.

- Regular self study plan for [UPSC 2023](#) should be obeyed to obtain an overall phenomenal result.
- By the end of 6-8 months of preparation time, students must have already appeared for the IAS prelims exam.

Choosing the best [Optional Subject for UPSC](#): can help a candidate fetch good marks in the optional papers and ought to be selected analytically.

UPSC Study Plan from 9 – 12 Months

These months are crucial for UPSC students, who must practice writing accurate solutions for the [UPSC Mains](#) exam. Newspaper reading should be addressed.

- Additionally, candidates must prioritize editorials and gather good ideas and multiple perspectives on a precise topic.
- Read magazines like Kurukshetra and Yojana.
- Joining a Mains test series is urged to get a vision of the result-oriented practice of writing answers.
- Manage time and try to read a few reports of the Government. To save money and time, consider reading only the formal summaries of such information.
- After the 12th Month, students must have appeared for the Mains exam.

