

सक्षम UPPSC RO/ARO

A 50-Day Course

Score Better in UP RO/ARO Prelims with
a Day-Wise Study Plan



Madhav Arora, Abhishek Ajay Singh and Dinesh Mishra

सक्षम UPPSC RO/ARO: A 50-Day Study Plan Study Plan		
Date	Time	Topic
28 Jan	9:00	Important Acts: Constitutional Development During British India
28 Jan	15:45	Universe & Solar System
29 Jan	9:00	Making of Constitution
29 Jan	15:45	Origin & Evolution of Earth, Earth Movements
30 Jan	9:00	Preamble & Salient Features of Constitution
30 Jan	15:45	Latitudes, Longitudes
31 Jan	9:00	Union of India & Citizenship
31 Jan	15:45	Interior of Earth & Formation of Earth Crust, Continental drift and Plate Tectonics,
1 Feb	11:00	SI Units, Work, Energy, Power, Thermodynamics
1 Feb	16:00	Motion, Electricity, Semiconductors
3 Feb	13:00	Number System
3 Feb	15:45	Earthquake and Volcano
4 Feb	9:00	Fundamental Rights (Part-1)
4 Feb	13:00	Factor of Polynomial
4 Feb	15:45	Landforms
5 Feb	9:00	Fundamental Rights (Part-2)
5 Feb	13:00	Pre History & Indus Valley Civilization
5 Feb	15:45	Structure & Composition of Atmosphere, Cyclones, Pressure Belts, Winds, Clouds
6 Feb	9:00	DPSP & Fundamental Duties
6 Feb	13:00	Vedic Period, Mahajanapadas
6 Feb	15:45	Precipitation
7 Feb	9:00	President & Emergency Provisions
7 Feb	13:00	Buddhism & Jainism
7 Feb	15:45	Climatic Classification including their tribes
8 Feb	11:00	Waves, Sound, Instruments, Energy
8 Feb	13:30	Maurayan Empire & Foreign Invasions

Classroom

सक्षम UPPSC RO/ARO A 50-Day Course



8 Feb	16:00	Light & Optics
9 Feb	13:00	Post Mauryan period including Sangam Age
10 Feb	13:00	LCM & HCF of Polynomial
10 Feb	15:45	Oceans: Introduction, Tides, Currents & Salinity
11 Feb	9:00	Vice-President, Prime Minister & Council of Ministers
11 Feb	13:00	Remainder Theorem
11 Feb	15:45	Physiography- Mountain, Plateaus, Deserts, Grassland
12 Feb	9:00	Parliament
12 Feb	13:00	Gupta & Harsha Age
12 Feb	15:45	Drainage System & Lakes
13 Feb	9:00	Governor, Chief Minister & Council of Ministers
13 Feb	13:00	Early Medieval Kingdoms
13 Feb	15:45	Economic Geography: Crops, Agriculture, Industries & Minerals
14 Feb	9:00	State Legislature, Centre-State Relationship, Special Category States
14 Feb	13:00	Delhi Sultanate
14 Feb	15:45	Physiography- Mountain, Plateaus, Pass, Part-1
15 Feb	11:00	Atomic Structure & Radioactivity
15 Feb	13:30	Regional Kingdoms: Vijaynagar, Bahamani, Jaunpur, Malwa, Bengal, Gujarat
15 Feb	16:00	Metals & Non-Metals: Minerals, Ores, Alloys, Carbon, Hydrogen & Nitrogen
17 Feb	13:00	Linear & Quadratic Equation
17 Feb	15:45	Physiography- Deserts, Islands, Lakes & Waterfalls
18 Feb	9:00	Supreme Court, High Court & Sub-Ordinate Courts
18 Feb	13:00	Average
18 Feb	15:45	Drainage System Part-1
19 Feb	9:00	Local Self Government: Panchayat & Municipalities
19 Feb	13:00	Mughal Empire
19 Feb	15:45	Drainage System Part-2
20 Feb	9:00	Constitutional & Non-Constitutional Bodies

Classroom 

सक्षम UPPSC RO/ARO
A 50-Day Course



20 Feb	13:00	Sufi and Bhakti Movements
20 Feb	15:45	Rocks & Soil
21 Feb	9:00	Constitutional Amendments
21 Feb	13:00	Marathas & Later Mughals
21 Feb	15:45	Vegetation, Agriculture & Crops
22 Feb	11:00	Acid, Base, pH & Chemical Equations
22 Feb	13:30	Advent of Europeans
22 Feb	16:00	Organic Chemistry- Alcohol, Polymers, Fuels, Explosive
24 Feb	13:00	Ratio and Proportion
24 Feb	15:45	Indian Climate & Monsoon
25 Feb	9:00	UP Polity
25 Feb	13:00	Percentage
25 Feb	15:45	Minerals & Industries
26 Feb	9:30	Introduction & Overview of Indian Economy
26 Feb	13:00	Rise of Independent states in 18th century- Awadh, Mysore, Hyderabad, Punjab, Sindh
26 Feb	15:45	Energy, Transportation
27 Feb	9:30	Economic Planning including NITI Aayog
27 Feb	13:00	British Policies and consolidation
27 Feb	15:45	Population and Demographic Theories
28 Feb	9:30	National Income, Human Development Index
28 Feb	13:00	Tribal and Peasant Movements, Revolt of 1857
28 Feb	15:45	Ecology Part-1
29 Feb	11:00	Evolution, Cells & DNA
29 Feb	13:30	Socio-Religious Reform Movements
29 Feb	16:00	Blood and Circulatory System
2 Mar	9:30	Inflation, Different Indices in India, Money & Types of Money
2 Mar	13:00	Profit and Loss
2 Mar	15:45	Ecology Part-2

Classroom 

सक्षम UPPSC RO/ARO
A 50-Day Course



3 Mar	9:30	Banking, RBI & Monetary Policy
3 Mar	13:00	Simple Interest
3 Mar	15:45	Urbanization
4 Mar	9:30	Financial Market in India, Types of Goods, Different types of curves
4 Mar	13:00	Pre-INC Organisations and Indian National Congress
4 Mar	15:45	Census 2011 (India & UP)
5 Mar	9:30	Economic Survey & Budget
5 Mar	13:00	Indian National Movement (1885-1918)
5 Mar	15:45	Education of Uttar Pradesh
6 Mar	9:30	Taxation System in India
6 Mar	13:00	Indian National Movement (1919 - 1934)
6 Mar	15:45	Culture of Uttar Pradesh
7 Mar	11:00	Human Body
7 Mar	13:30	Revolutionary Organisations
7 Mar	16:00	Human Disease
9 Mar	9:30	Poverty, Unemployment & Sustainable Development Goals
9 Mar	13:00	Compound Interest
9 Mar	15:45	Agriculture of Uttar Pradesh
10 Mar	13:00	Time & Work
11 Mar	9:30	Socio, Economic Welfare Schemes
11 Mar	13:00	Indian National Movement (1935 - 1947)
11 Mar	15:45	Industry in Uttar Pradesh
12 Mar	9:30	Trade, Balance of Payment
12 Mar	13:00	Governor General & Viceroys
12 Mar	15:45	Trade in Uttar Pradesh
13 Mar	9:30	Agriculture
13 Mar	13:00	Dances & Festivals
13 Mar	15:45	Social Study of Uttar Pradesh

Classroom 

सक्षम UPPSC RO/ARO
A 50-Day Course



14 Mar	11:00	Music, Musical Instrument & Indian Paintings
14 Mar	13:30	Puppetry, Theatre Forms
14 Mar	16:00	Miscellaneous
16 Mar	9:30	Industries
16 Mar	13:00	Speed, Time & Distance
16 Mar	15:45	UP History
17 Mar	9:30	Economic Policies
17 Mar	13:00	Geometry
17 Mar	15:45	UP Geography

Classroom 

सक्षम UPPSC RO/ARO

A 50-Day Course



सक्षम UPPSC RO/ARO

A 50-Day Course

Score Better in UP RO/ARO Prelims with a Day-Wise Study Plan

- > 130+ Live Classes to Cover Complete Syllabus
- > 150+ PDFs for Last-Minute Revision
- > 5 Mock Tests with Detailed Analysis to get you Exam-Ready
- > 2000+ Practice Questions with 7+ Weekly Tests to track your Progress

